



# Safety Pledge for Grades 3-6

NetSmartz®

Parents  
Guardians  
TRUSTED  
ADULT 

1. I will check first with my parents, guardians, or other trusted adults before going anywhere, helping anyone, accepting anything, getting into a car, or leaving with anyone. I will remember to check first with a trusted adult if I decide to change my plans and if someone needs my help or offers me anything.



2. I will take a friend with me when going to the store, movie theatre, public restrooms, playing at the park or playground, or walking to and from school. By sticking together with my friend, we can help look out for each other if one of us is in danger or gets hurt.



3. I will tell people "NO" if they try to touch me or do things in ways that make me feel scared, uncomfortable, or confused, because it's OK for me to stand up for myself. If someone tries to touch me in a way that bothers me I will scream "NO" in a loud voice and then run away from that person and tell a trusted adult.



4. I will tell my parents, guardians, or other trusted adults if anything happens to me. Trusted adults are people who respect my opinions, ideas, and feelings. Trusted adults will listen and help me work out a solution to any problem I may have. I will tell a trusted adult when something is bothering me or when a problem becomes too big for me to handle.

© Signed \_\_\_\_\_ 

© Signed \_\_\_\_\_ 

[www.NetSmartzKids.org](http://www.NetSmartzKids.org)